

## R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)





## **Activity Report**

INSTITUTE	R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE
ACTIVITY TYPE	GUEST LECTURE
DATE	27/06/2023
YEAR/CLASS	Ist Year BAMS
DURATION	2 Hour
NAME OF	APJ ABDUL KALAM UNIVERSITY & R. N. KAPOOR
ORGANIZATION	MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL,
	INDORE
NO. OF PARTICIPANTS	160
COORDINATOR DEPARTMENT	KRIYA SHARIR DEPARTMENT
FACULTY CONTACT DETAILS	Dr. Arvind P. Paikrao - 9600064050

Date: 27/06/2023

We at our R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore organized Guest Lecture by Eminent speaker and Academician Dr. VAIDEHI V. RAOLE, Professor, PG & Ph.D Dept. of Kriya Sharir, Parul Institute of Ayurveda, Faculty of Ayurveda Parul Univeristy, Vadodara, Gujarat on the Topic: "An Overview on Tridosha Sidhant, Avasthapak and its Applications" under the supervison and guidance of our beloved Principal, Dr.Manisha G Dunghav.

Department of Kriya Sharir Co- ordinated the entire programme.

The session was really knowledge giving and eye opening for our students. All the faculties and students attended the programe.

• Key Points: Ayurveda as a basic life science

Introduction to Tridosha & their role in circadian rhythm

Avasthapaka & its application

Correlation with modern digestion physiology







